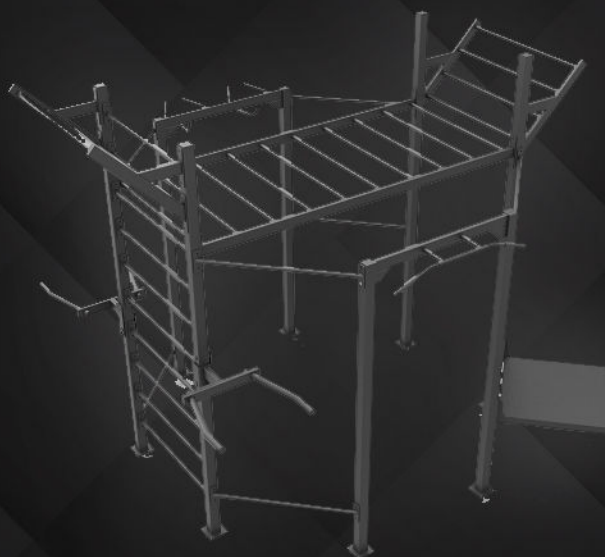
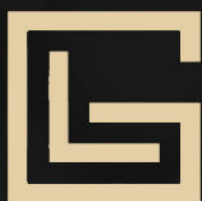


# LEGENDGYM

OUTDOOR WEIGHT TRAINING  
MACHINES SG SERIES





LEGENDGYM IS THE FIRST HIGH QUALITY PROFESSIONAL WEIGHT TRAINING EQUIPMENT, THAT IS DESIGNED AND PRODUCED IN EU

LEGENDGYM WEIGHT TRAINING EQUIPMENT IS BASED ON RESEARCH AND DEVELOPMENT OF EU ENGINEERS ACCORDING TO INTERNATIONAL STANDARDS AND TOP OF THE EDGE TECHNOLOGIES!

OUR PARTICIPATION IN EXHIBITIONS AND TRADE SHOWS HELPS US TO KNOW AND IMPLEMENT THE INNOVATIVE TENDENCIES IN WEIGHT TRAINING MACHINES BUILDING IN ORDER TO CREATE HIGH QUALITY AND UP-TO-DATE WEIGHT TRAINING MACHINES, MULTISTATIONS, BENCHES, RACKS AND SO ON.

THANKS TO THE CAREFUL CONTROL OF EACH PRODUCTION SITE, WE CAN GUARANTEE SAFETY, RELIABILITY AND DURABILITY OF THE TRAINING EQUIPMENT.

LEGENDGYM PROFESSIONAL LINE CONSISTS OF MORE THAN 100 TYPES OF EQUIPMENT, DIVIDED INTO THE FOLLOWING GROUPS:

- WEIGHT STACK MACHINES;
- PLATE LOADED MACHINES;
- BENCHES, STANDS, RACKS;
- MULTISTATIONS;
- OUTDOOR WEIGHT TRAINING MACHINES (WEIGHT STACK FROM 5 TILL 100 KG);
- WORKOUT COMPLEXES.

EVERYBODY CAN FIND THEIR OWN LEGENDGYM MACHINES TO BE IMPLEMENTED IN TRAINING PROGRAMS! MAIN ADVANTAGE OF LEGENDGYM MACHINES - IS ERGONOMICS! WE ARE ACTIVELY COOPERATING WITH THE EUROPEAN POWERLIFTING FEDERATION THAT ALLOWS US TO TEST OUR SIMULATORS FOR ERGONOMICS AND HEAVY LOADS. WITH ATTENTION TO BIOMECHANICS, COMFORT, AND EASY-TO-USE ADJUSTMENTS, OUR MACHINES HELP MEMBERS OF ALL ABILITIES BENEFIT FROM THE VALUE OF STRENGTH TRAINING. TO COMPLEMENT YOUR FACILITY, EVERY MACHINE IS DURABLE, STREAMLINED AND COMFORTABLE.

OUR COMPANY IS ALSO SPECIALIZED IN FULL EQUIPMENT OF GYMS, FITNESS CLUBS, SPORTS AND REHABILITATION CENTERS, TAKING INTO ACCOUNT THE TASKS, DESIGN AND YOUR BUDGET. WE OFFER A WIDE RANGE OF COLOUR PALETTES FOR PERSONALIZATION OF WEIGHT TRAINING EQUIPMENT IN ORDER TO DESIGN YOUR SPECIAL GYM!

LEGENDGYM TEAM PROVIDES YOU WITH COMPREHENSIVE SERVICE AND MARKETING SUPPORT, ENCOURAGING YOUR BUSINESS GROWTH WHILE HELPING SPORTSMEN IMPROVE THEIR ATHLETIC PERFORMANCE!



ULKOKUNTOSALI, HARJOITUSLAITTEET (LISÄKUORMALLA 5-100 KG)

LEGENDGYM:N VALMISTAMA ULKOKUNTOILULAITTEET KOMPLEKSI ON VARUSTETTU ILKIVALLANTORJUNTAJÄRJESTELMÄLLÄ – SG-SARJA ULKOKUNTOSALI.

TÄMÄ KOKONAISUUS SISÄLTÄÄ 5 KAKSITOIMISTA SÄÄDETTÄVILLÄ PAINOILLA TOIMIVAA ULKOKUNTOSALILAITETTA, SEKÄ KEHONPAINOLLA TOIMIVIA TOIMINNALLISIA TELINEITÄ, JOIDEN AVULLA VOIT SUORITTAA PERUSVOIMAHARJOITUKSIA JA NE SOPIVAT KOKO KEHON MONIPUOLISEEN HARJOITTELUUN ULKOKUNTOSALISSA.

ULKOLIIKUNTAVÄLINEET ON KEHITETTY OTTAEN HUOMIOON AMMATTIKÄYTTÖÖN TARKOITETTujen LEGENDGYM-KUNTOILUVÄLINESARJAN SUUNNITTELUKOKEMUS JA ERGONOMIA. JOKAISELLA KUNTOSALILAITTEELLA ON MONIPUOLINEN RUNKO, JOKA YHDISTÄÄ KAKSI HARJOITUSTIETTYLLE LIHASRYHMILLE. TÄMÄN KONSEPTIN AVULLA VOIT SAAVUTTA A KOKO ULKOKUNTOSALIN LAITTEISTON KOMPAKTIN SIIJOITTELUN SEKÄ VÄHENTÄÄ ULKOKUNTOILU VÄLINEIDEN KUSTANNUKSIA MERKITTÄVÄSTI.

ULKO KUNTOSALILAITTEIDEN PÄÄOMINAISSUUS ON VASTUKSEN SUJUVA SÄÄTÖ VÄLILLÄ 5-100 KG. TÄMÄN ANSIOSTA ULKOKUNTOVÄLINEET SOPIVAT SEKÄ ALOITTELIJOILLE ETTÄ KOKENEILLE URHEILJOILLE.



LEGENDGYM

## OUTDOOR WEIGHT TRAINING MACHINES WITH WEIGHTS (5 - 100 KG)

**GYM**  
Productions

**KAIKKEA  
KUNTOILUUN**

BENCH PRESS / DIPS PRESS

**SG 601**

Combined weight training machine with weight stack 5-100 kg, that allows performing bench press exercises, as well as push-ups with weights.

There is a variation of the width of the grip, for targeted development of the muscles of the athlete.



	3374 MM
	1709 MM
	1110 MM
	269 KG

PULLDOWN / SHOULDER PRESS

**SG 602**

Combined weight training machine with weight stack 5-100 kg, that allows performing exercises pull down, as well as shoulder press. The special design is suitable for people of various heights.



	2478 MM
	1709 MM
	2353 MM
	274 KG

# OUTDOOR WEIGHT TRAINING MACHINES WITH WEIGHTS (5 - 100 KG)

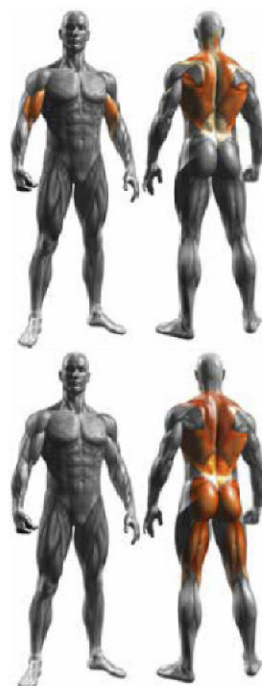
## DEADLIFT / BENT-OVER BARBELL ROW

**SG 603**

Combined weight training machine with weight stack 5-100 kg, that allows performing exercises: deadlift and bent-over barbell row.



-  1484 MM
-  1709 MM
-  826 MM
-  201 KG



## LEG PRESS / SQUATS MACHINE

**SG 604**

Combined weight training machine with weight stack 5-100 kg, that allows performing horizontal leg press, barbell squats, upright row.



-  2463 MM
-  1709 MM
-  1249 MM
-  315 KG







LEGENDGYM

# OUTDOOR WEIGHT TRAINING MACHINES WITH WEIGHTS (5 - 100 KG)

**GYM**  
Productions  
**KAIKKEA  
KUNTOILUUN**

## ABDOMINAL CRUNCH / HYPEREXTENSION

**SG 605**

Combined training machine, with weight stack 5-100 kg, that allows performing bench press, as well as hyperextension. Tilt angle - 40°. The special design is suitable for people of various heights.



	1380 MM
	1421 MM
	965 MM
	93 KG

## STAND

**SG 600**

The information stand is intended for placement of information about the complex of outdoor weight training machines. It contains: safety precautions observed when exercising on outdoor simulators; description of each training machine, the principle of its work and the muscles involved. All the information provided is duplicated in visual diagrams, and it is also possible to get acquainted with the video instruction on the use of training machines by clicking on the link to the site:

[WWW.LEGENDGYM.ORG](http://WWW.LEGENDGYM.ORG)



	600 MM
	660 MM
	1890 MM
	35 KG

# OUTDOOR WEIGHT TRAINING MACHINES SG SERIES



## GENERAL VIEW OF THE COMPLEX OF OUTDOOR WEIGHT TRAINING MACHINES SG SERIES

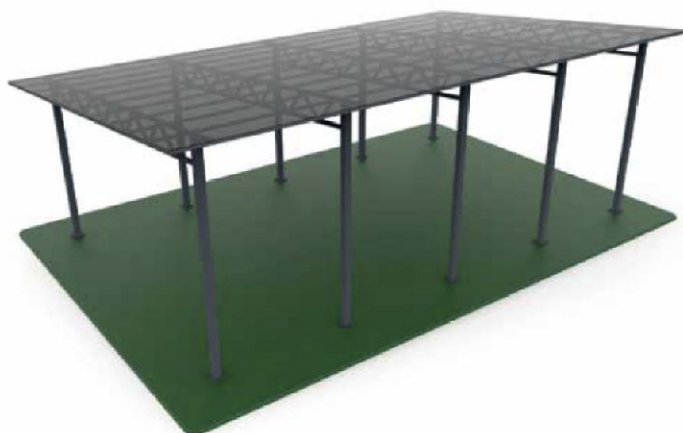
- anti-vandal protection system
- polymer coating
- welded structures fasteners are closed with special polymer plugs
- the main structural material
- metal profile 80x40x3 mm



- 10000 MM
- 6000 MM
- 1190 KG

## FLAT SHED CANOPY

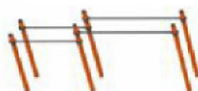
- unheated spatial metal construction of 5 frames consisting of pipes with a cross section of 50x50 mm and 40x40 mm
- batten made of a 40x25 mm pipe,
- 10 support posts made of pipes with a section of 100x100 mm
- translucent polycarbonate coating, the main purpose
- protection from precipitation and sun.



- 9500 MM
- 6000 MM
- 3400 MM
- 830 KG

# ELEMENTS OF WORKOUT COMPLEX

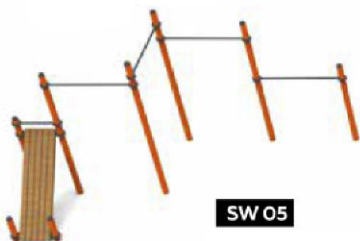
**SW 02**



**SW 20**



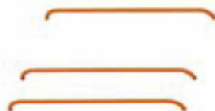
**SW 01**



**SW 05**



**SW 18**



**SW 09**



**SW 07**



**SW 08**



**SW 03**



**SW 04**



**SW 26**



**SW 16**



**SW 10**



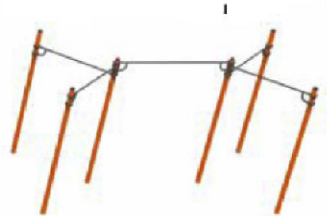
- reinforced clamp is used for connection of structural elements, which allows replacing worn-out structural elements, adjusting the height of the crossbars
- polymer coating of pipes and collars resistant to atmospheric impact and protects the metal from corrosion and other chemical effects
- arrangement and color of the workout can be made at the request of the customer

# ELEMENTS OF WORKOUT COMPLEX

**SW 22**



**SW 21**



**SW 24**



**SW 14**



**SW 23**



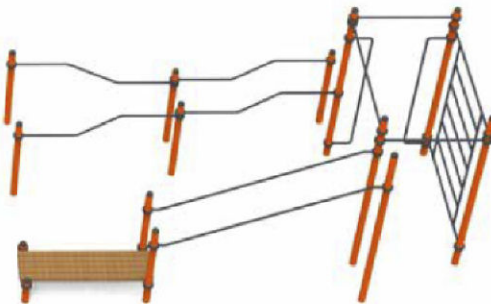
**SW 12**



**SW 19**



**SW 06**



- reinforced clamp is used for connection of structural elements, which allows replacing worn-out structural elements, adjusting the height of the crossbars
- polymer coating of pipes and collars resistant to atmospheric impact and protects the metal from corrosion and other chemical effects
- arrangement and color of the workout can be made at the request of the customer



# OUTDOOR SPORTS EQUIPMENT

## OUTDOOR MULTIFUNCTIONAL SPORTS COMPLEX-WORKOUT

GW-01

The complex is a metal frame made of shaped tube in the form of an octahedron, which is held on 8 support posts, made using pipes 80 x 80 mm and 80 x 40 mm.

### THE COMPLEX INCLUDES:

- 4 horizontal bars at different heights
- Multifunction horizontal bar-3 grip
- Horizontal bar with inclined handles
- Inclined monkey bars - 2pcs
- Bars at different levels -2pc
- Monkey bars;- Swedish wall
- Platform for hopping (with height adjustment)

	4000 MM		3750 MM
	3500 MM		460 KG



## OUTDOOR TENNIS TABLE

TT-03

Tennis table for outdoor installation  
The main profile of the pipe is 40x40x2 mm



	2740 MM
	1525 MM
	760 MM
	200 KG

# OUTDOOR WEIGHT TRAINING MACHINES AND WORKOUT COMPLEXES

**GYM**  
Productions  
**KAIKKEA  
KUNTOILUUN**







- ERGONOMICS
- PERSONALIZATION
- WARRANTY AND SERVICE
- EU STANDARTS
- SERTIFICATE ISO 9001:2015



Gym Production Finland Oy  
Viilukatu 11  
18130 Heinola  
puh: +358 407 079 125  
email:toimisto@gpf.fi